

JUJITSU BASIC TERMINOLOGY/KNOWLEDGE

Danzan Ryu – Dan (sandalwood) zan (mountain) Ryu (stream)

Origin – Japan / Hawaii

Organization – Kodokan Yudanshakai

Ranks (belts)

Yonen Kyu Ranks	Shonen/Seinen Kyu Ranks	Dan Ranks
Rokyu – White	Rokyu – White	Shodan – 1 st Black
Gokyu – Yellow	Gokyu – Yellow	Nidan – 2 nd Black
Yonkyu – Orange	Yonkyu – Blue	Sandan – 3 rd Black
Sankyu – 3 rd Green/Purple	Sankyu – 3 rd Brown	Yondan – 4 th Black
Nikyu – 2 nd Green/Purple	Nikyu – 2 nd Brown	Godan – 5 th Black
Ikkyu – 1 st Green/Purple	Ikkyu – 1 st Brown	Rokudan – 6 th Black

Common Terms

Sensei – Instructor

Senpai – Senior Student

Kohai – Junior Student

Dojo – Training Room

Tori – Person practicing/applying technique

Uke – Partner/Opponent

Kiai – Powerful shout or yell (spirit yell)

Domo Arigato Gozaimau – Thank you

Yonen – Person age 12 and younger

Shonen – Person age 13 to 17

Seinen – Person age 18 and up

Bowing Commands

Kyotsuke – Attention
Seiza – Kneel (sit)
Rei – Bow
Tate - Stand
Kaisan – Dismissed

Common Commands

Yoi – Ready
Yasume – Relax
Hajime – Start (begin)
Matta – Stop (hold position)
Yame - Stop

Counting

Ichi – One (1)	Ju Ichi – Eleven (11)	San-Jū – Thirty
Ni – Two (2)	Ju Ni – Twelve (12)	Yon-Jū – Forty
San – Three (3)	Ju San – Thirteen (13)	Go-Jū – Fifty
Shi/Yon – Four (4)	Ju Yon – Fourteen (14)	Roku-Jū - Sixty
Go- Five (5)	Ju Go- Fifteen (15)	Nana-Jū - Seventy
Roku – Six (6)	Ju Roku – Sixteen (16)	Hachi-Jū – Eighty
Shichi/Nana – Seven (7)	Ju Nana – Seventeen (17)	Ku-Jū - Ninety
Hachi – Eight (8)	Ju Hachi – Eighteen (18)	Hyaku – One Hundred (100)
Kū – Nine (9)	Ju Kū – Nineteen	
Jū – Ten (10)	Ni-Jū - Twenty	